



Presented by

## SENECA FAMILY OF AGENCIES in partnership with ALAMEDA COUNTY BEHAVIORAL HEALTH

# The Stories We Tell at Work: Building Sustainability for Providers (3 CE Credits)

### WHEN:

**Date: August 20, 2019** Time: 9:00 AM-12:15 PM

### **LOCATION:**

500 Davis St., Suite 120 **Conference Rooms A & B** San Leandro, CA

#### **INTENDED FOR:**

**Alameda County Behavioral Health Social Work and Mental Health Staff and Providers** 

#### **About the Course**

This training is designed to assist professionals working with youth, families, and adult clients to connect to stories of themselves within the work that are fulfilling and sustaining. Because this work requires us to spend time in situations that tend to deplete us or contribute to 'burnout', it is vital that we are able to engage with versions of ourselves that demonstrate the ways that we stay connected to what we give value to. Participants will discuss some of the ideas that frame what stories are available to be told and to find ways to challenge these ideas in order to discover alternative stories. A particular story about a professional in the field will be shared as a possible way to invite stories that are sustaining of us.

Full time of training: 9:00 AM-12:15 PM, 3.25 hours

Instructional time: 3 hours

Non-instructional time: one 15min break

## **About the Presenter**

MIKE MERTZ is the Director of Permanency and Family Engagement as well as a National Family Finding and Engagement Trainer with Seneca Family of Agencies. He also helped create and co-leads Seneca Family of Agencies Diversity, Equity, and Inclusion initiative and advisory board. He currently coaches staff and trains providers nationwide on the Family Finding model as well as other family engagement strategies that foster collaborative endeavors for building lifetime support networks for children and youth.

In addition to Mike's vast training and coaching experience, he has over 33 years of experience leading and managing both residential and community based programs engaged in promoting the voice of youth and families. Mike's work focuses on creating connectedness, building permanency, developing positive outcomes, and increasing the quantity and quality of engagement of organizations with the youth and families they serve.

### **Educational Objectives**

Participants will:

- Identify seven ethics/ideas that shape what stories we tell about ourselves
- Learn and be able to apply a particular conversational map designed to invite stories that are sustaining
- Learn and apply a conversational map related to how
- professionals grow from their connections with clients.

CERTIFICATES: CE Certificates will not be provided if more than 15 minutes of content is missed by participant. If participants complete all criteria required for a certificate, one will be provided within two weeks of the training. For assistance, contact Seneca Institute for Advanced Practice at (510) 654-4004 or certificates@senecacenter.org

# **Continuing Education Credits**

\*\*Registrants are responsible for reading the following information\*\* Training meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Provided by Seneca Family of Agencies, Provider #135057.

Course also meets qualifications for 3 continuing education credits for Psychologists, provided by Alameda County Behavioral Health. ACBH is an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBH maintains responsibility for this program/ course and its content, as it relates to psychologist's CE credit.

Register here: http://alameda.netkeepers.com

Registration assistance: training.unit@acgov.org

Ph: 1-510-567-8113

If you must cancel enrollment, please do so at least 72 hours in advance of the training.